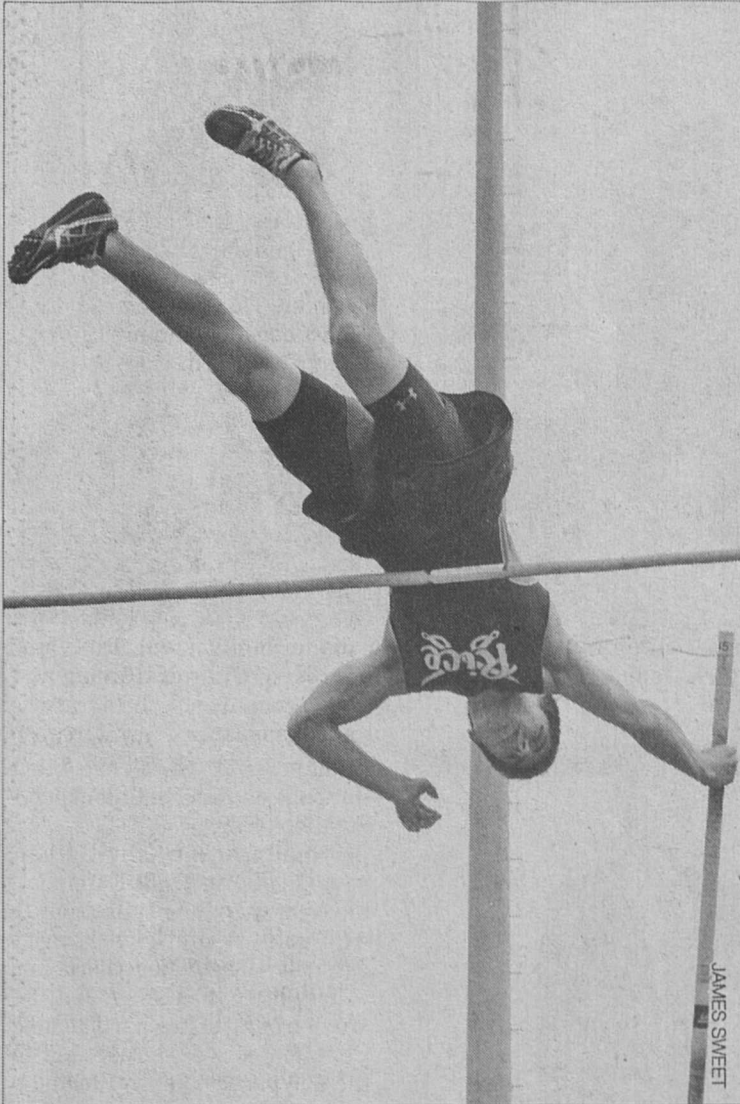


Raiders Runners-Up At District Meet



Josh Williams clears the bar in the district pole vault competition. He finished in first place.

The Raiders participated in the District track meet in Industrial on April 2.

The boys placed second with 116 points.

Results were as follows:
 Triple Jump: Sylvester Middleton, 3rd, 42'10.75";
 Long Jump: Sylvester Middleton, 5th, 20'7.50";
 Pole Vault: Joshua Williams,

1st, 14'06"; Nick Jump, 3rd, 12", Patrick Dota, 4th, 10' 6";

Discus: Chris Dorsey, 2nd, 147' 11", Taylor Cook, 4th, 118' 50";
 3200 Meter Run: Luis Samaniego, 4th, 11:06.16;
 800 Meter Run: Nicholas Salinas, 4th, 2:08.24;
 110 M Hurdles: Travis Kaley, 4th, 17.06;
 100 Meter Dash: Dominique

Weeks, 3rd, 11.26;

800 Meter Relay: Rice, 5th, 1:34.22;
 400 Meter Dash: Sareal Valdez, 2nd, 52.30, Mario Hull, 3rd, 52.38;
 300 M Interm. Hurdles: Nick Jump, 4th, 45.51, Travis Kaley, 5th, 46.09;
 200 Meter Dash: Carlos Sosa, 4th, 23.36;
 1600 Meter Run: Luis Samaniego, 3rd, 5:01.70;
 1600 Meter Relay: Rice, 3rd, 3:30.39.

Shorter, 5th, 17'4"; Pole Vault: Lance Howard, 1st, 11", Ryan Moore, 2nd, 10' 6"; Shot Put: Damian Stevens, 1st, 40'3.50"; 400 Meter Relay: Rice, 3rd, 47.04; 800 Meter Run: Myles Dumont, 1st, 2:16.37, Lance Howard, 3rd, 2:30.14; 110 M Hurdles: Alex Cardenas, 3rd, 18.98; 100 Meter Dash: Terris Shorter, 1st, 11.93; 800 Meter Relay: Rice, 1st, 1:39.21; 400 Meter Dash: Ryan Moore, 2nd, 58.16; 300M Interm. Hurdles: Alex Cardenas, 5th, 47.50; 200 Meter Dash: LaMarcus Blunston, 6th, 26.42; 1600 Meter Run: Brian Michalik, 1st, 5:29.91, Michael Aguilar, 4th, 5:40.38, Garreth Caspar, 6th, 5:48.47; 1600 Meter Relay: Rice, 1st, 3:45.92.

The JV boys participated in the District track meet in Industrial on April 2.

Events were as follows:
 Triple Jump: Terris Shorter, 2nd, 37'6.25"; Long Jump: Terris

The boys overall placed first with 152 points.



Softball Results

The Lady Raiders softball team is now 12-11 in their overall season and 5-5 in district.

The Lady Raiders took on the Edna Cowgirls on April Fool's Day (Tuesday, April 1).

Kourtney Korenek was the winning pitcher for the Lady Raiders.

Hitters were Korenek, 1 for 4; Lauren Shimek, 1 for 4; Delilah Gentry, 3 for 4; Katlyn Thomas, 1 for 3; Kaydi Gold, 1 for 2; and Chelsea Korenek, 1 for 3.

Tidehaven fell to the Lady Raiders on Friday, April 4, by the score of 1-16.

Korenek again was the winning pitcher.

Brooke Popp was 1 for 4; Violette Villafuerte, 1 for 4; Korenek, 2 for 4; Gentry, 1 for 4; Gold, 1 for 2 and Thomas, 1 for 2.

Baseball Results

The Rice Raiders played Edna Tuesday, April 1 and lost 1-12.

Losing pitcher was Matt Hernandez who was (0-3) 1/3IP, 7R, 3BB, 5H and Carlos Sosa, 3 2/3IP, 5, 4BB, 7H.

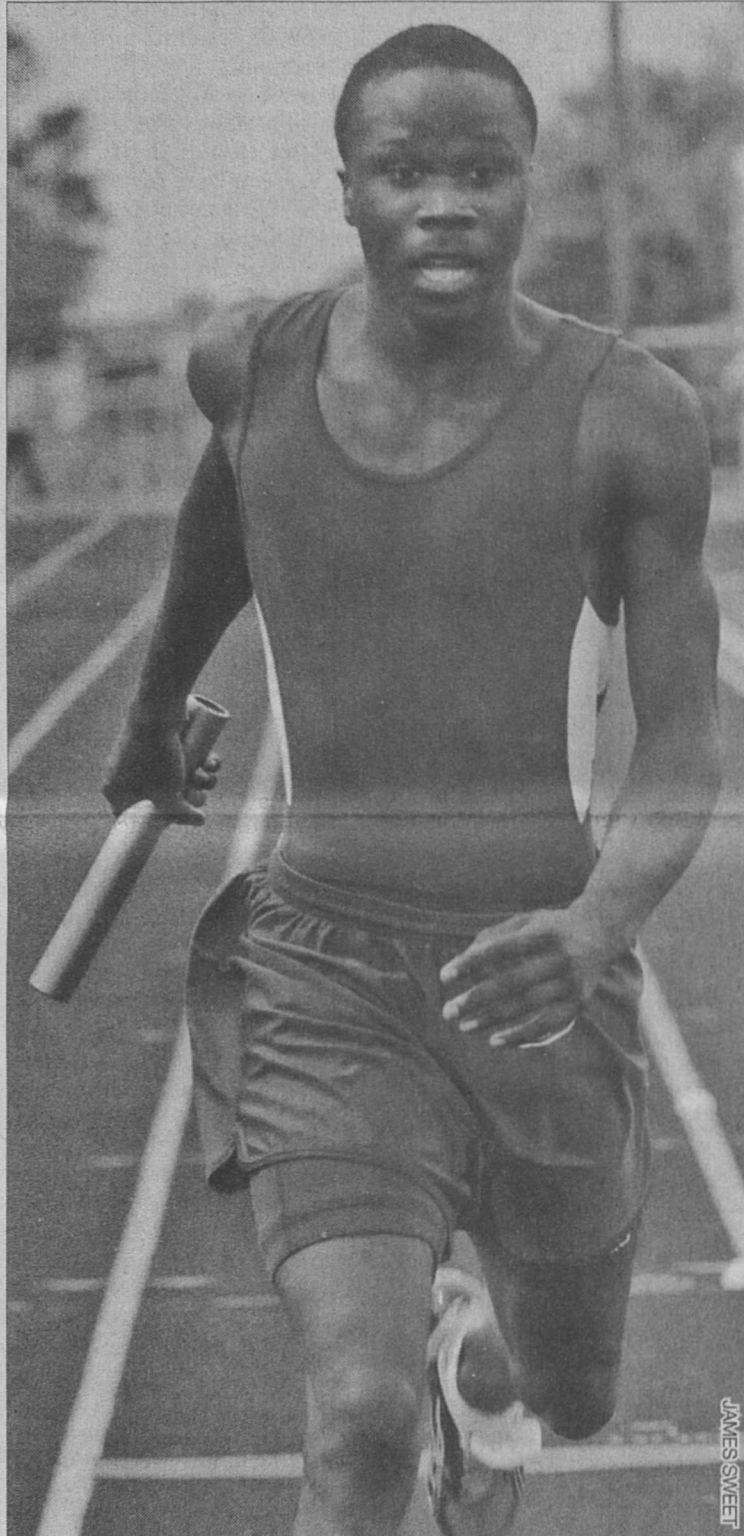
Leading hitters were Matt Sosa, one for two, double, RBI; and Sosa, one for three, single.

The Raiders played Tidehaven on Friday, March 4 and lost 10-20.

Losing pitcher was Mario Hull, (2-4), 5IP, 8H, 13R, 6ER, 7BB, 4K and Trey Staff, 1IP, 6H, 7R, 2ER, 1K.

Leading hitters were Hull, two for three, HR (1), single, 2RBI; C. Sosa, one for four, single; M. Sosa, two for three, 2 singles, 2RBI; Staff, two for four, 2 singles; Dustin Soto, one for three, sacrifice fly, single.

The Raiders are 5-13 for the season and 2-7 in District.



Sylvester Middleton runs his leg of a relay during the district track meet.

Rice Girls Track

Continued from front page

97'1"; Shot Put: Lauren Shimek, 3rd, 32' 6.75", Brittany Parker, 4th, 32.25";

400 Meter Relay: Rice, 1st, 50.02;

800 Meter Run: Hillary Johnson, 2nd, 2:34.30;

100 Meter Hurdles: Juanisha Cooper, 1st, 16.17, Jaquita Woods, 4th, 17.07;

800 Meter Relay: Rice, 2nd, 1:48.95;

400 Meter Dash: Johnson, 3rd, 1:03.74, Rebecca Dota, 4th, 1:03.74;

300 M Low Hurdles: Jaquita Woods, 1st, 46.66;

200 Meter Dash: Machelsea Thomas, 3rd, 26.58, Britt'nee Stevenson, 4th, 27.02, Clarenca Weeks, 5th, 27.07;

1600 Meter Relay: Rice, 1st, 4:14.53.

The JV girls also participated in the district meet April 2.

Results are as follows:
 Triple Jump: Joslyn Stovall, 2nd, 30'2", Ashley Carroll, 5th, 25' 10.25"; Shot Put: Dynasty Johnson, 1st, 30' 1", Sabrina Spates, 3rd, 28' 8"; 400 Meter Relay: Rice, 2nd, 54.54; 800 Meter Run: Chelsea Korenek, 3rd, 2:44.50; 100 M Hurdles: Cynthia Quinney, 2nd, 19.86; 100 Meter Dash: Joslyn Stovall, 1st, 13.92; 800 Meter Relay: Rice, 2nd, 1:57.15; 400 Meter Dash: Chelsea Korenek, 1st, 1:06.33, Marniqua Woods, 4th, 1:09.72; 200 Meter Dash: Joslyn Stovall, 6th, 30.06; 1600 Meter Run: Maggie Mendoza, 2nd, 6:28.05; 1600 Meter Relay: Rice, 2nd, 4:48.86.

Cobras Tie Eagles In Opener

By Carol Cardenas

The Cobras sponsored by The Eagle Lake Headlight took the field for the first time on Saturday afternoon, April 5 at 3 p.m.

The Cobras faced the American Eagles. They tied with a score of 3-3.

Bringing in runs for the Cobras were Brittany Sosa, Mackenzie Wiese and Heather Dela Garza.

For the first time Sosa is serving in the pitching capacity. "Brittany really stepped up to face a big challenge, 'pitching'. She has played various positions as a ball player but never pitching. She is a very talented player and I feel she will do well with pitching as well," stated Head Coach Carol Cardenas.

Other players on the Cobras include Damara Gentry, Meakyla Hodges, Miranda Alvarado, Mariah Alvarado, Lauren Wiese, Hailey Ferguson, and Ashley Melendez. Assistant coach for the Cobras is Donna Samora.

"Thanks to all the parents who help out each and every week with practice and attended the first game."

The next game for the Cobras

is against the American Eagles on Thursday, April 10 at 6 p.m. at the Little League Field.

Hope to see you there.

"Western Extravaganza"
 -Dust off your Hat and Boots-
 Join us for a fun-filled Western Extravaganza, Saturday, April 19!

Kick off is at 10 a.m. with a trail ride beginning in Elm Grove. Trail ride ends at the corner of Lake Ave. and Hwy. 90 where BBQ and drinks will be sold.

Round up your posse and mosey on down to the Community Center for an all-out Jamboree at 8 p.m. Ages 21 and up, ID required

Western wear is preferred, but not required. DJs, food, door prizes and a heap of fun! See y'all there!

Call Eagle Lake Trailriders Cordis Upson at 832-771-6798 or Oliver Thomas at 979-533-4253 for additional information and or questions...



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PKU: New Treatment Option Approved

Phenylketonuria (PKU) is a rare condition which involves a gene mutation at birth, leading to an insufficient amount of the enzyme required to break down the amino acid *phenylalanine*. Amino acids are needed to build protein. Therefore, phenylalanine is contained in foods high in protein. Persons with PKU may develop serious complications if foods high in protein are consumed. Symptoms range from mild to severe, including skin rashes, hyperactivity, stunted growth, and mental retardation.

The main treatment for PKU is a diet consisting of minimal amounts of phenylalanine. Persons with PKU should avoid all high-protein foods, such as eggs and meat, as well as products that contain aspartame (*NutraSweet, Equal*). Aspartame, found in many diet sodas, releases phenylalanine when digested. Other foods that may need to be limited include bread, cookies, and certain fruits and vegetables. Recently, the Food and Drug Administration (FDA) has approved sapropterin dihydrochloride (*Kuvan*) for the treatment of certain persons with PKU. This medication works by decreasing levels of phenylalanine in persons with a specific type of PKU. This medication is the first medication approved for this condition, and should be used in conjunction with a diet limited in phenylalanine content.

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